



United Nations  
Educational, Scientific  
and Cultural Organization

Organisation  
des Nations Unies  
pour l'éducation,  
la science et la culture

Organización  
de las Naciones Unidas  
para la Educación,  
la Ciencia y la Cultura

Организация  
Объединенных Наций по  
вопросам образования,  
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منظمة الأمم المتحدة  
للتربية والعلم والثقافة

联合国教育、  
科学及文化组织

# 43 C

## General Conference

43rd session, Samarkand 2025

43 C/48  
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Item 4.19 of the provisional agenda

### INTERNATIONAL TAIJIQUAN DAY

#### OUTLINE

**Source:** 221 EX/Decision 43.

**Background:** At its 221st session (221 EX/Decision 43), the Executive Board invited the Director-General to support all efforts leading to the proclamation of an International Taijiquan Day and recommended that the General Conference proclaim 21 March of each year as International Taijiquan Day.

**Purpose:** The establishment of an International Taijiquan Day will promote the global practice of Taijiquan and its core values of balance, peace, harmonious coexistence, and mutual respect. It will serve as a platform to advance physical and mental well-being, foster intercultural exchange and peaceful coexistence, and promote inclusive, equitable, and safe participation in sport.

**Decision required:** Paragraph 7.



Job: 2500655E

## Background

1. At the request of Algeria, Bangladesh, Bolivia (Plurinational State of), Chile, China, Colombia, Comoros, Congo, Cuba, Democratic People's Republic of Korea, Djibouti, Dominican Republic, Egypt, Gabon, Kyrgyzstan, Liberia, Mauritania, Nicaragua, Nigeria, Panama, Russian Federation, Solomon Islands, South Africa, State of Palestine, Thailand, Togo, Tunisia, Venezuela (Bolivarian Republic of), Yemen, and Zimbabwe, an item proposing the proclamation of International Taijiquan Day was included in the agenda of the 221st session of the Executive Board.
2. Taijiquan, inscribed on UNESCO's Representative List of the Intangible Cultural Heritage of Humanity in 2020, is an ancient Chinese physical practice that cultivates both physical and mental well-being. Its core principles of balance, peace, harmonious coexistence, and mutual respect align closely with the values enshrined in UNESCO's Constitution, the Revised International Charter of Physical Education, Physical Activity and Sport (2015), and the mission of UNESCO's Fit for Life Global Sport Alliance.
3. Practised across more than 180 countries and all regions, Taijiquan has gained widespread participation and recognition as a means for cultural exchange and inclusivity. Its accessible nature is not limited by age, gender, ethnicity, sexual orientation, language, religion, political or other opinion, national or social origin, property, or any other basis. It has been featured at major international sporting and cultural events, including the World University Games and Asian Games, and it will be included as a competitive discipline at the 2026 Dakar Youth Olympic Games.
4. The proposed International Day will serve to advance the global practice of Taijiquan and promote its core values, contributing to intercultural exchange and world peace. In alignment with UNESCO's Fit for Life Global Sport Alliance, the Day will support physical and mental well-being and inclusive, equitable, and safe participation in sport, particularly for women, youth, and persons with disabilities. The Day will also support the implementation of UNESCO's Convention for the Safeguarding of the Intangible Cultural Heritage and the Convention on the Protection and Promotion of the Diversity of Cultural Expressions.
5. The proposed date of 21 March coincides with The Asian Sport for All Association's "Asian Taijiquan Day" and with the spring equinox, reflecting Taijiquan principles of balance and harmony. The date also aligns with other observances, including the International Day for the Elimination of Racial Discrimination, reinforcing shared values of non-discrimination and mutual understanding.
6. The Executive Board, by 221 EX/Decision 43 endorsed the proposal and recommended that the General Conference, at its 43rd session, proclaim 21 March of each year as International Taijiquan Day.

## Proposed draft resolution

7. In light of the above, the General Conference may wish to adopt a resolution along the following lines:

*The General Conference,*

*Recalling* 221 EX/Decision 43,

*Having examined* document 43 C/48,

*Recognizing* that Taijiquan, as an ancient sport and intangible cultural heritage, plays a positive role in improving health and well-being, promoting social inclusion and gender equality, deepening exchanges and mutual learning, and contributing to peace,

*Reaffirming* the important role that inclusive, equitable and safe sport plays in promoting cultural exchanges and mutual learning, as well as fostering peace and development,

*Taking note* that the proclamation of International Taijiquan Day will have no financial impact on the regular budget of the Organization,

1. *Proclaims* 21 March of each year as International Taijiquan Day;
2. *Invites* all Member States and partners to support UNESCO's activities related to inclusive, equitable and safe sport and to actively contribute to the promotion and observance of International Taijiquan Day;
3. *Encourages* cooperation with relevant stakeholders in this regard, including the International Wushu Federation (IWUF);
4. *Encourages* Member States and relevant partners to mobilize voluntary contributions to support the implementation of related activities.